

Peanut Butter Pancake Bites

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Whole grains and vegetables are packed with fiber that supports digestive health!

Ingredients:

- 2 Eggs
- 1 Banana
- 1 Cup zucchini (grated)
- 1 Cup blueberries
- ½ Cup oats
- ¼ Cup apple sauce
- 1 Teaspoon cinnamon

Toppings:

- Peanut butter
- Honey
- Strawberries

Instructions

1. Blend oats in blender.
2. Mix oats and remaining ingredients in a bowl.
3. Pour a scoop of the mixture onto a heated and oiled pan and cook until pancakes are cooked through.
4. Once pancakes are done, spread with peanut butter, top with sliced strawberries, and drizzle with honey.